

# PITCHING -- HITTING -- CATCHING

## VIDEO ANALYSIS and TRAINING



**1 on 1 Video Analysis and Training**  
by highly trained/certified coaching staff!

**1/2 Hour Analysis \$50**  
**1/2 Hour Add-On Lesson \$30**  
**1 Hour Team Camp \$100**

ADDITIONAL PLAYER-Only \$10 more!



It takes a lot of hard work to achieve success on the baseball field. It is important that you are not just working hard, but working smart as well. Continuous repetition of proper mechanics will put you in the best possible position to succeed and catch the eyes of college and professional scouts. We can break down your hitting, pitching and/ catching mechanics and give you a professional evaluation.

You will receive:

Frame by Frame Breakdowns

Drills To Improve

Insurance That You Are On The Right Track

MAIL THIS FORM TO STRIKE ZONE  
Joe will call to set up appointment

Name: \_\_\_\_\_ Age: \_\_\_\_\_ Hit: \_\_\_ R \_\_\_ L \_\_\_ Switch  
Telephone: \_\_\_\_\_ Cell #: \_\_\_\_\_ High School: \_\_\_\_\_  
Address: \_\_\_\_\_  
City: \_\_\_\_\_ St: \_\_\_\_\_ Zip: \_\_\_\_\_  
E-Mail: \_\_\_\_\_

Testing Date: \_\_\_\_\_

(Parent/Guardian Sign

Here:)

Visit [www.StrikeZoneOmaha.com](http://www.StrikeZoneOmaha.com) for Cancellation Policy

**PAYMENT METHOD**

Cash Check Visa MC Disc AMEX

# \_\_\_\_\_

Exp Date \_\_\_\_\_ 3 digit V-Code \_\_\_\_\_

Signature: \_\_\_\_\_



2900 South 110th Street  
Omaha, NE 68144  
(402) 398-1238  
[www.strikezoneomaha.com](http://www.strikezoneomaha.com)