



# LOCATION • MOVEMENT • VELOCITY

**HITTING**

**THE CHALLENGE:**  
 You are invited to experience an in depth, high impact class for improving your bat speed, core strength, eye hand coordination, and your reaction time to the ball. Our Bat Speed Program will guarantee an increase if you work hard. We will maximize your hitting potential.

**PITCHING**

Establish a Foundation to Pitch  
 Improve the Accuracy of Your Pitches  
 Increase the Speed of Your Fastball  
 Develop all the different pitches you will need to succeed.  
 Utilize the Strike Zone for best results.

**CATCHING**

**DO YOU:**  
 Want to Throw People Out?  
 Want to Block Every Ball in the Dirt?  
 Want to Frame Every Pitch That's Close?  
**IMPROVE YOUR:**  
 Accuracy on Throws to Second Base?  
 Quickness in Release  
 Receiving Technique, To Get More Strikes From the Umpire?  
 Performance on Bunts?  
**SIGN UP NOW**

**1/2 Hour-\$40 Hour-\$60 Lesson Date: \_\_\_\_\_**

Name: \_\_\_\_\_ Age: \_\_\_\_\_ School: \_\_\_\_\_

Telephone: \_\_\_\_\_ Cell #: \_\_\_\_\_

Email: \_\_\_\_\_

Address: \_\_\_\_\_

City/State/Zip: \_\_\_\_\_

(Parent/Guardian Sign Here:) \_\_\_\_\_

Visit [www.StrikeZoneOmaha.com](http://www.StrikeZoneOmaha.com) for Cancellation Policy

**PAYMENT METHOD**  
 Cash Check Visa MC Disc AMEX  
 # \_\_\_\_\_  
 Exp Date \_\_\_\_\_  
 3 digit V-Code \_\_\_\_\_  
 Signature: \_\_\_\_\_