

DELIVER MORE HITS

CONDITION YOUR SWING



WORK ON BAT SPEED, QUICKNESS, AND POWER

This Hitting Program is designed to develop muscle memory while delivering a short compact swing through the hitting zone. We will train you to deliver more hits with greater power and experience fewer strikeouts!

For Baseball and Softball Players with proper hitting form and technique who are looking for the extra reps.

SATURDAYS 10:00-11:00 AM

\$10 Per Week/\$40 per month

(Must sign up for all four weeks.)

Must Pre-register-Space is Limited

January
Starts Jan. 9

February
Starts Feb.6

March
Starts March 6

Name _____ Age: _____ Member #: _____

Telephone: _____ Cell: _____

Address: _____

City/State/Zip: _____

Email: _____

School: _____

Parent/Guardian Release: _____

(Visit www.strikezoneomaha.com for Cancellation Policy and Full Release Statement)

Total Amount: \$ _____

PAYMENT METHOD:

Cash Check Visa MC Disc AMEX

Card No _____

Exp Date _____

3 digit V-Code _____

